

# Proclamation

**Whereas**, our society, already stressed over inter and intrapersonal issues, would benefit from an awareness of mental health, as demonstrated by the effects of 9/11; and

**Whereas**, people need to recognize the difference between the lack of mental health and the process of creating mental health; and

**Whereas**, cultivating this awareness could help people avoid the consequences of untreated anxiety, untreated depression and physical deterioration; and

**Whereas**, the clearer a person's thought process is, the more opportunity he or she has to deal with and grow beyond the stressors, and thus help to prevent the occurrence of domestic violence, child abuse and family instability; and

**Whereas**, focusing and preparing for Mental Health Awareness can help transform a perception of emotional deprivation and vulnerability into a perception of emotional prosperity and effectiveness; and

**Whereas**, the vehicle for promoting Mental Health Awareness can take the form of a United States Postage Stamp; every citizen could benefit from this constant reminder; and

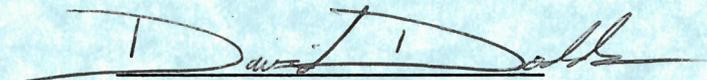
**NOW, THEREFORE**, I, Mayor David Dodds of the City of West Linn, Oregon, do hereby proclaim May 2004, to be

## **MENTAL HEALTH AWARENESS**

In Oregon and encourage all Oregonians to join in this observance.

Dated this 21st day of April 2004.



  
Mayor David Dodds