



Work Session

WS

Milwaukie City Council



MINUTES
MILWAUKIE CITY COUNCIL
www.milwaukieoregon.gov

WORK SESSION
JULY 15, 2014
 City Hall Conference Room

Mayor Ferguson called the work session to order at 6:20 p.m.

Council Present: Council President Hedges and Councilors Scott Churchill, Mark Gamba, and Mike Miller

Staff Present: City Manager Bill Monahan, City Recorder Pat DuVal, Community Development Director Steve Butler, Finance Director Casey Camors, and Engineering Director Jason Rice

City Manager's Report

Mr. Monahan reported on the Clackamas Board of County Commissioners (BCC) discussion on the proposed formation and funding of a new independent parks district.

Healthy Eating Active Living (HEAL) Cities Campaign

Councilor Gamba introduced the topic and noted the possible policy opportunities.

Beth Kaye, Project Manager with the Oregon Public Health Institute (OPHI), explained the HEAL Cities Campaign and discussed how cities can create healthy environments, join the campaign, and apply for grants for underserved areas or populations.

The group discussed possible HEAL projects and connecting to funding opportunities.

Ms. Kaye noted that local in-kind or cash matching funds were required for grants.

Mayor Ferguson expressed his support for joining the HEAL Cities Campaign.

North Clackamas Parks and Recreation District (NCPRD) Capital Projects

Gary Barth, NCPRD Executive Director, discussed forming a new independent district and the proposed permanent tax rate and funding distribution plan in relation to historic investments in cities and unincorporated areas. He presented a draft capital projects list associated with the proposed \$25 million revenue bond and noted that Riverfront Park Phase III and three neighborhood parks in Milwaukie will be included in the bond measure; he also noted possible projects to be included in the City of Happy Valley.

Council President Hedges commented on the inclusion of capital projects in the bond measure in relation to the proposed higher tax rate and cautioned that the public would expect projects to be completed. He suggested that Kronberg Park be included in the bond and voiced his support for the independent district.

Mr. Barth addressed NCPRD's current funding and the proposed higher tax rate.

Councilor Miller noted that the Milwaukie Park and Recreation Board (PARB), in coordination NCPRD, had put Kronberg Park back in the planning phase, and **Mr. Barth** discussed the need for additional funding beyond the proposed bond revenue.

Mr. Butler encouraged Council to attend the next BCC meeting where the proposed independent parks district would be discussed.

Garbage Rate Setting Process

Mr. Camors introduced the topic and noted that staff was looking for Council direction on how to proceed with implementing future garbage rate setting process changes.

Councilor Gamba, Mayor Ferguson, and Council President Hedges stated their support for maintaining the current rate structure.

Councilor Gamba said he would like to see a review of the disparity between drop box rates and what residents pay, and **Rick Winterhalter**, Clackamas County Sustainability Analyst, replied that the County is committed to looking at that disparity.

Councilor Churchill, Councilor Gamba, and Mayor Ferguson discussed the economics of garbage rates and possible garbage production reducing policies.

Councilor Miller noted that Milwaukie residents pay higher garbage rates than other cities, and **Mr. Winthalter** explained that each city has its own way of setting rates.

Councilor Gamba added that increasing commercial rates can reduce residential rates.

Mayor Ferguson discussed holding a forum on reducing commercial garbage output.

Kellogg Good Neighbor Committee (KGNC) Update

Karin Power, vice chair of the KGNC, was present and **Dion Shepard**, chair of the KGNC, reported that the majority of people present at a recent open house supported planting a vegetated odor screen around the pollution control plant.

Councilor Gamba discussed the use of allocated funds and acknowledged the need for additional funding to complete all projects proposed by the KGNC.

Mayor Ferguson noted that the allocated funds were meant as project seed-money and that allocating additional funds would require a request to Council.

Ms. Shepard said the KGNC would have a cost-estimate for the planting project work within a few months, and **Mayor Ferguson** expressed his support for the project.

Council President Hedges reported that the RiverHealth Advisory Board (RHAB) had expressed support for the planting project and commented that he would expect RHAB opposition to the other proposed projects.

The group discussed working with the new leadership at Clackamas County Water Environment Services (WES) on the planting project and steps to securing WES and BCC support for the other projects.

Ms. Shepard and **Councilor Gamba** noted there was no funding currently for the other projects but that it was important to consider the master plan now so trees planted do not interfere with future projects. **Council President Hedges** and **Mayor Ferguson** agreed and discussed short and long-term timelines for all proposed projects.

Councilor Churchill said he believed the planting project should be pushed first and that the consultant not be used much more at this point for the other projects.

Ms. Shepard and **Mayor Ferguson** discussed the odor study done last fall and dealing with the two issues of the odor and the presence of the plant in the community.

Councilor Churchill stressed the need to focus on odor control screening projects.

Ms. Shepard reported that the KGNC had recently discovered that the newer plantings on the McLoughlin Boulevard side of the plant had died due to the removal of the irrigation control box by a contractor working on the Trolley Trail.

Mayor Ferguson said the KGNC was working within the approved scope of work and asked that they check-in with Council when the planting project cost-estimate was done.

Mayor Ferguson adjourned the work session at 7:24 p.m.

Respectfully submitted,



Scott S. Stauffer, Administrative Specialist II

EXHIBIT
 7-15-14 WS
 tabbles

Comparison graph of garbage rates of Milwaukie and other haulers in area.

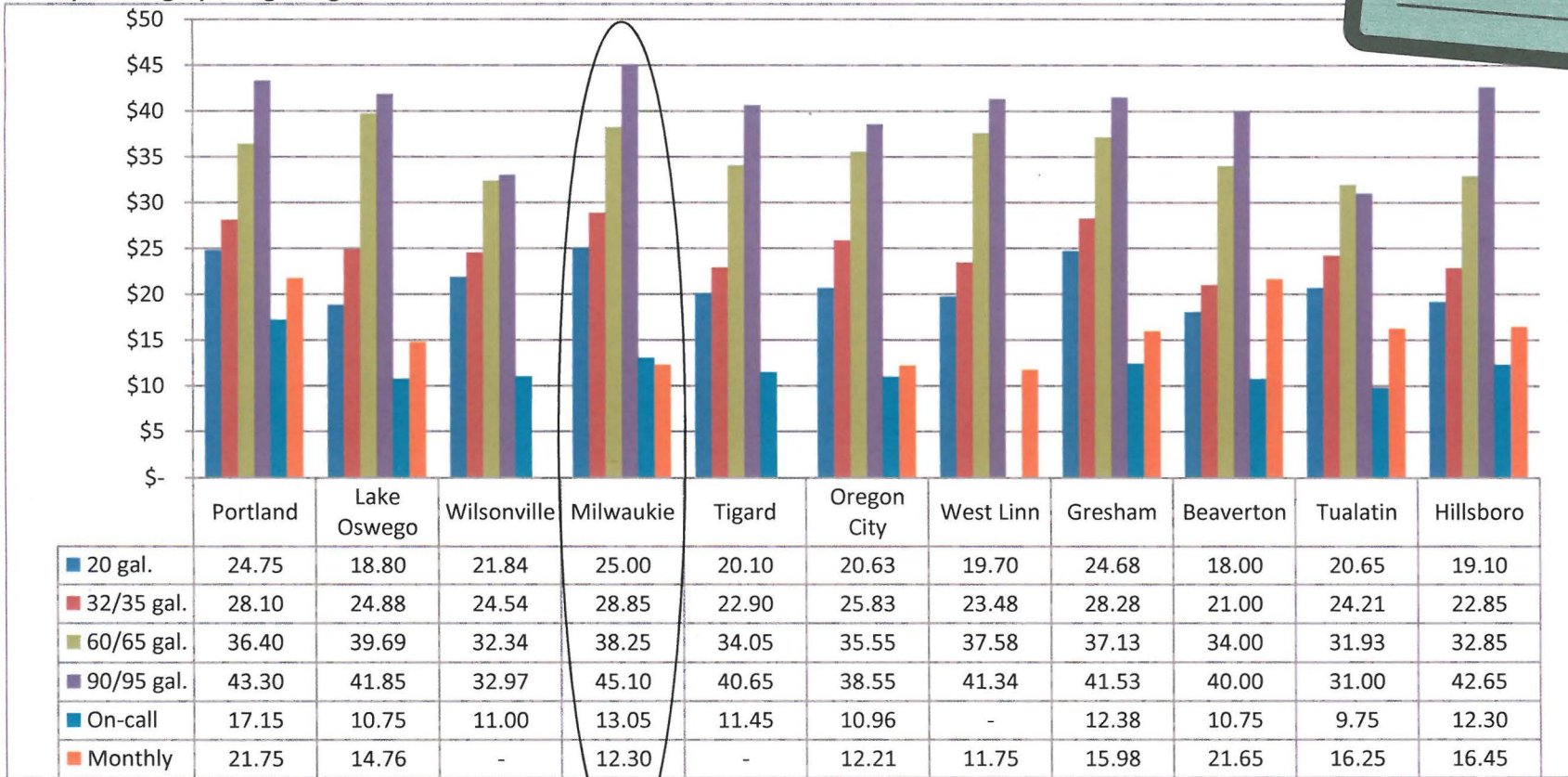
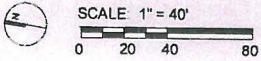
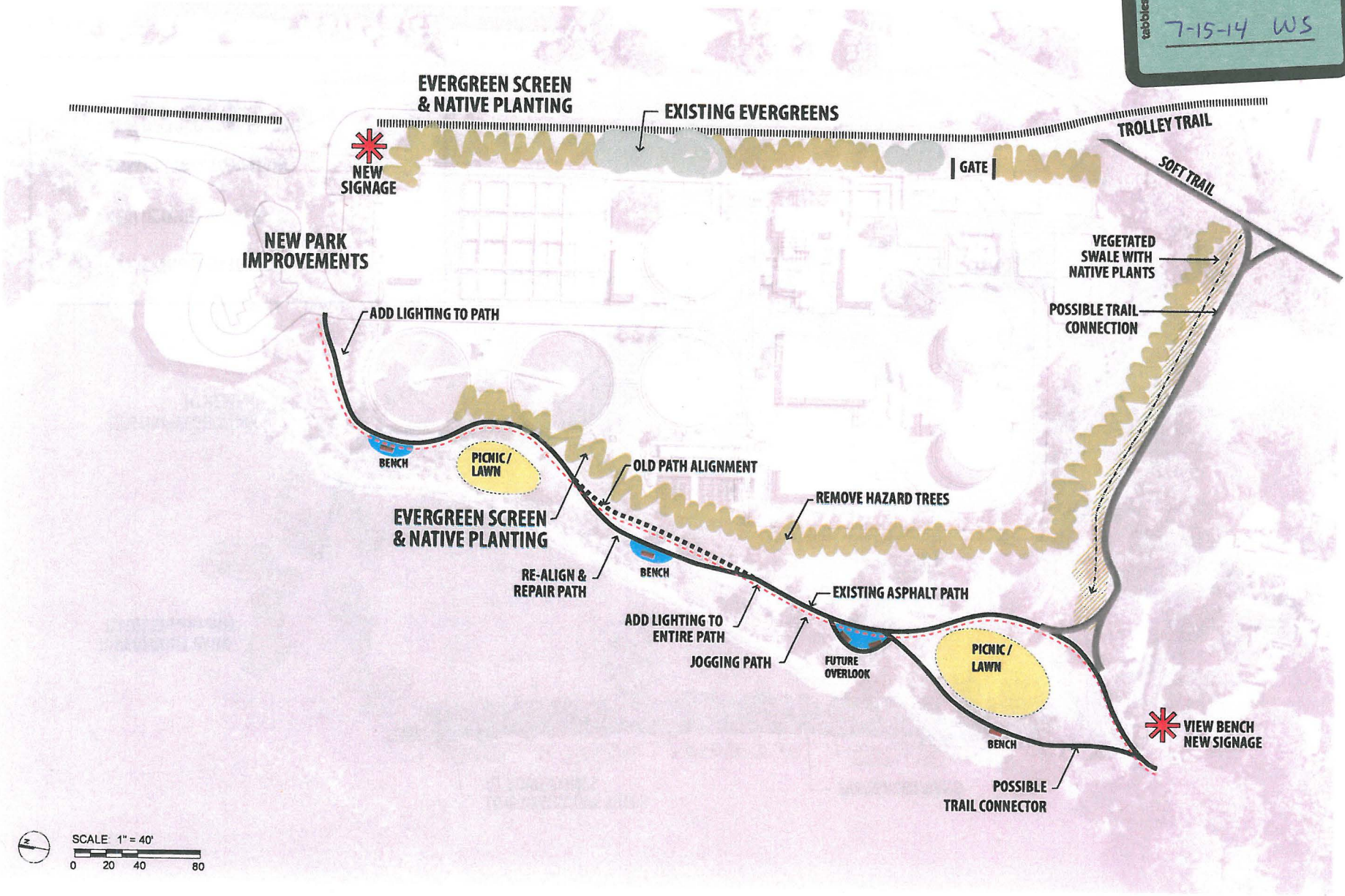
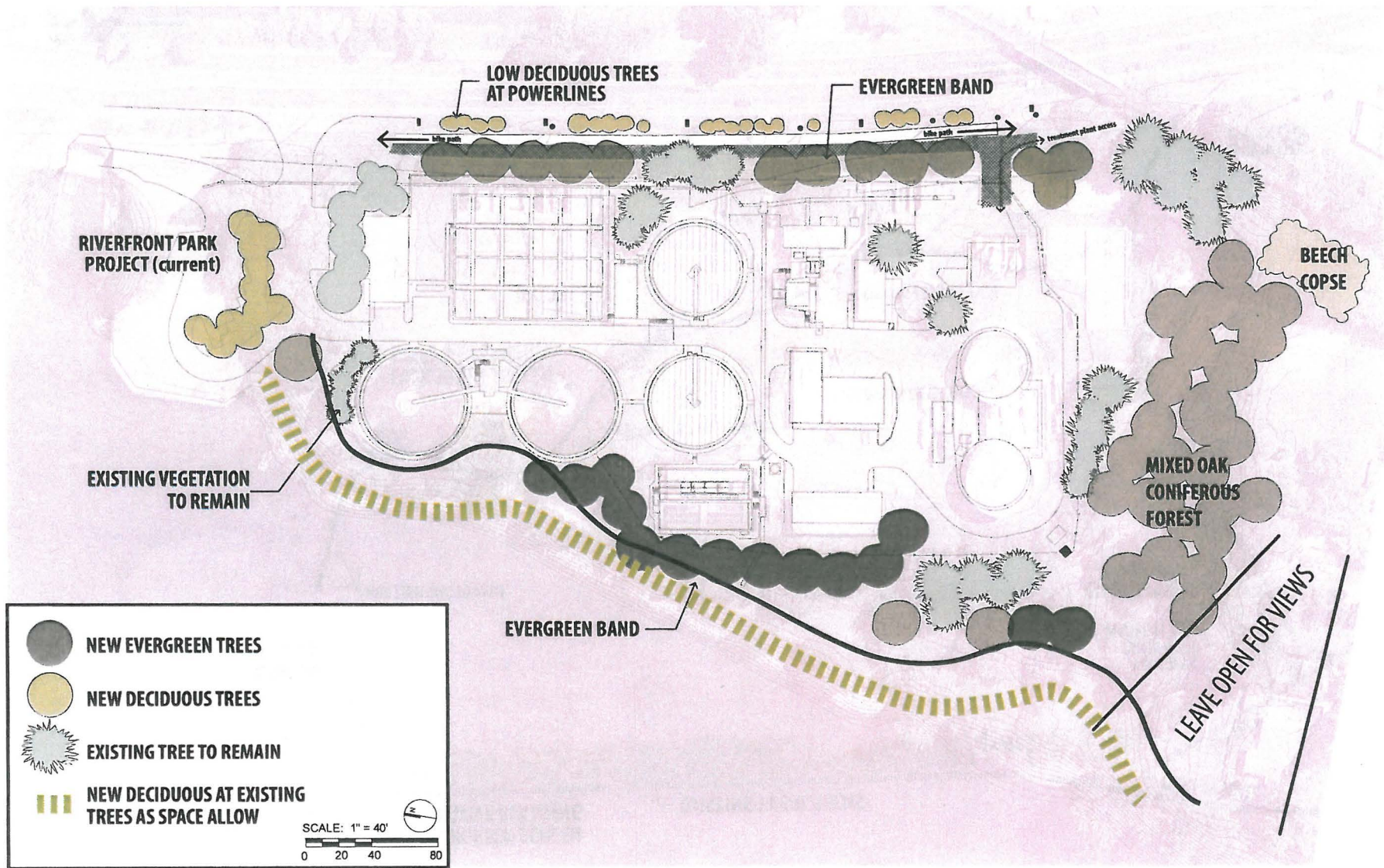


EXHIBIT
tabbies
7-15-14 WS





PROJECT ELEMENT	NEAR TERM		LONG TERM		SIGN-UPS	COMMENTS
	Green	Red	Green	Red		
Vegetated screen	25				3	Screening and odor control are issues #1. Other stuff is gravy; would be nice but perfecting plans should not delay getting planting and odor issues handled.
Path lighting	16	3	1	1	1	Other parks close at night, this one should too. No need for lighting.
Native woodland	13		3			oak woodland along river - yes! But what goes on south side needs further discussion with neighborhood;
Overlook / bench	8	1	1			Keep access to river view for fireworks and Christmas ships viewing
Picnic area	6					
Repair path	4		4			Please do not widen path. It will only encourage people on bikes to go faster than they do now!!
Sunny lawn	1		1			Break up lawn area with trees to discourage goose poop
New path			6			New paths should be lowest priority; I think use would be pretty low

1. Has WES / Clack Co committed to maintenance of the area 50 yrs+ regardless of amenities? Park benches, lawn and picnic tables require a higher level of maintenance than native woodlands. City will only have about \$40K per annum, not enough to pay for mowing, path and table and bench maintenance, lighting, etc. Using this space as a park leaves the city open to unanticipated future costs we can't afford

2. more native plantings means less maintenance. Reduce expense, increase habitat
3. Consider closing path to bikes - peds only! No widening needed, the Trolley Trail can handle bikes.
4. Proposed trail to Trolley Trail would further activate the park = good!



MILWAUKIE CITY COUNCIL WORK SESSION

City Hall Conference Room
10722 SE Main Street
www.milwaukieoregon.gov

REVISED AGENDA
JULY 15, 2014

A light dinner will be served.

Page #

5:00 p.m. Executive Session

Upon adjournment of the work session, the City Council will meet in executive session pursuant to ORS 192.660(2)(d) to conduct deliberations with persons designated by the governing body to carry on labor negotiations.

1. **5:15 p.m. City Manager's Report**
Staff: Bill Monahan, City Manager
2. **5:30 p.m. Healthy Eating Active Living Cities Campaign** 1
Staff: Bill Monahan, City Manager
3. **5:45 p.m. North Clackamas Parks and Recreation District (NCPRD) Capital Projects** 12
Staff: Steve Butler, Community Development Director
4. **6:10 p.m. Garbage Rate Setting Process** 17
Staff: Casey Camors, Finance Director
5. **6:30 p.m. Kellogg Good Neighbor Committee Update**
6. **6:45 p.m. Adjourn**

Meeting Information

The time listed for each item is approximate; the actual time each item is considered may change due to the length of time devoted to the previous item. The Council may vote in Work Session on non-legislative issues.

Public Notice

Executive Sessions: The Milwaukie City Council may meet in Executive Session immediately following adjournment pursuant to ORS 192.660(2). All Executive Session discussions are confidential and those present may disclose nothing; representatives of the news media may attend as provided by ORS 192.660(3) but must not disclose any information discussed. Executive Sessions may not be held for the purpose of taking final actions or making final decisions and they are closed to the public.

The Council requests that mobile devices be set on silent or turned off during the meeting.

The City of Milwaukie is committed to providing equal access to information and public meetings per the Americans with Disabilities Act. For special accommodations, please call 503-786-7502 or email ocr@milwaukieoregon.gov at least 48 hours prior to the meeting.



WS 2.
7/15/14

To: Mayor and City Council

From: Bill Monahan, City Manager

Subject: Work Session Discussion of Potential City Participation in the Healthy Eating Active Living Cities Campaign

Date: July 15, 2014

ACTION REQUESTED

City Council will discuss in work session the pros and cons of participating in the Healthy Eating Active Living Cities Campaign.

HISTORY OF PRIOR ACTIONS AND DISCUSSIONS

None

BACKGROUND

In 2012, the League of Oregon Cities Board of Directors resolved to partner with the Oregon Public Health Institute (OPHI) in the Healthy Eating Active Living (HEAL) Cities Campaign, and encouraged all Oregon cities to join the HEAL Cities Campaign and qualify as a HEAL City. The City of Milwaukie can do this by accepting information, training and technical assistance from OPHI staff on policies to support healthier eating and increased physical activity levels for all residents, create more livable communities, and create a culture of wellness at municipal workplaces, and adopting at least one recommended HEAL policy.

Councilor Mark Gamba recently met with Beth Kaye, Campaign Manager for the program. Beth Kaye requested an opportunity to make a presentation to City Council on the program during the work session of July 15, 2014. The matter is time sensitive as there is a pending deadline for participating cities to sign on for the program to be eligible to apply for potential grant funding. The grant funds are only available to program participants.

The Council will hear a presentation by Beth Kaye on the background of the program and how Milwaukie can participate in the program. Later in the regular session, Council will be asked to consider a resolution to sign on to the Healthy Eating Active Living Cities Campaign.

Council Staff Report – Title of Report

Page 1 of 2

CONCURRENCE

The City Manager's Office reviewed the program information and concurs that the program could be beneficial to the community.

FISCAL IMPACTS

None at this time.

WORK LOAD IMPACTS

None at this time.

ALTERNATIVES

Council could decide not to participate in the campaign.

ATTACHMENTS

1. Pamphlet entitled: "Obesity: Oregon's Preventable Health Crisis"
2. 2014 HEAL Small Grants



OBESITY:

Oregon's Preventable Health Crisis

HEALTHY EATING
ACTIVE LIVING
CITIES
CAMPAIGN

Oregon is experiencing an epidemic of preventable weight-related illness, including obesity, type II diabetes, hypertension, stroke, heart disease, infertility, and depression.

IN OREGON:

Obesity is the second leading cause of preventable death and disability in Oregon. Every year, approximately 1,500 lives are lost to weight-related disease.

In 2009,

- 60% of adults were overweight or obese
- 24% of 11th-graders were overweight or obese
- 27% of 8th-graders were overweight or obese
- 73% of adults with a history of heart attack were overweight or obese¹

COST:

Every Oregonian bears the cost of weight-related disease through higher health care costs.

- Oregon spends about \$1.6 billion every year (\$339 million paid by Medicaid) in medical expenses for obesity-related chronic diseases, such as diabetes and heart disease
- Annual medical costs of persons who are obese are estimated to be \$1,429 higher than those of people who are not obese²



Credit: Josh Tillinghast

IMPACT ON KIDS:

Weight-related illness devastates young people. For the first time in modern history, today's youth may not live as long as their parents.³

**Today, 1 in 4
young people
are at risk
of weight-
related illness.**



**That number
is projected to
rise to 1 in 3
by 2020.⁴**



REFERENCES

1. Oregon Overweight, Obesity, Physical Activity and Nutrition Facts. May 16, 2012. Oregon Health Authority Health Promotion and Chronic Disease Prevention Section.
2. Oregon's Obesity Epidemic. July 16, 2012. Oregon Health Authority, Tobacco Prevention and Education Program.
3. Olshansky SJ, Passaro DJ, Hershov RC, et al. A potential decline in life expectancy in the United States in the 21st century. *N Eng J Med*. Mar 17 2005;352(11):1138-1145.
4. Wang Y, Beydoun MA, Liang L, Caballero B and SK Kumanyika. Will all Americans become overweight or obese? Estimating the progression and cost of the US obesity epidemic. *Obesity J*. Oct 2008;16(10):2323-2330.

AMONG OREGON YOUTH:

- 21% of 8th-graders drank 7 or more sugar-sweetened soft drinks a week
- 27% of 8th-graders played video games, computer games or used the Internet for non-schoolwork for 3 or more hours in an average school day
- 19% of 11th-graders drank 7 or more sugar-sweetened soft drinks a week
- Only 12% of 11th-graders participated in daily physical education¹

PLACE MATTERS:

Our community environments affect our personal choices. Good health starts in healthy places.

By expanding options for healthy eating and active living around the places Oregonians live, work, learn, play, shop, and worship, a city can support kids and adults to make good choices.

WHAT CAN MY CITY DO?

Across America, city leaders are stepping up to prevent weight-related disease.

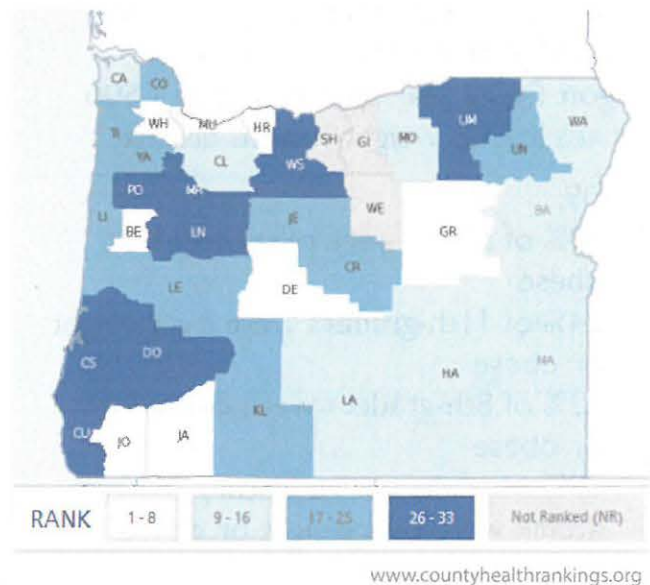
ARE HEALTHY OPTIONS ACCESSIBLE, AFFORDABLE, ATTRACTIVE AND CONVENIENT?

The HEAL Cities Campaign provides coaching, training and technical assistance to help civic leaders create healthy communities.

This fact sheet is one in a series with policy ideas for healthy cities. Download them at www.HEALCitiesNW.org or contact the Campaign. There is no charge for services. Policy areas include land use and transportation, increasing access to healthy food, shared use and workplace wellness.

For more information, please contact Beth Kaye, Campaign Manager
BethKaye@orphi.org • 503.227.5502 x 230
www.HEALCitiesNW.org

OBESITY BY COUNTY:



The HEAL Cities Campaign is a joint project of the Oregon Public Health Institute and the League of Oregon Cities, and is funded by Kaiser Permanente.





HEALTHY EATING
ACTIVE LIVING
**CITIES
CAMPAIGN**

Modifiable Risk Factors for Chronic Disease among Adults and 8th Graders, 2007-2008

County	Adults			8 th Graders		
	% overweight (age-adjusted)	% obese (age-adjusted)	% at risk for chronic disease	% overweight ¹	% obese ²	% risk at for chronic disease
OREGON	36.1	24.5	60.6	15.2	10.7	25.9
BAKER	35.8	22.3	58.1	14.7	12.9	27.6
BENTON	35.4	20.8	56.2	11.7	6.6*	18.3
CLACKAMAS	35.7	20.8	56.5	14.3	9.0	23.3
CLATSOP	39.0	25.3	64.3	14.4	10.1	24.5
COLUMBIA	40.1	27.4	67.5	17.5	16.0	33.5
COOS	36.8	27.3	64.1	15.7	10.8	26.5
CROOK	39.1	31.5	70.6	12.9	11.4	24.3
CURRY	30.4	29.8	60.2	17.2	14.6	31.8
DESCHUTES	41.0	15.7	56.7	12.2	9.0	21.2
DOUGLAS	33.3	30.1	63.4	15.4	12.3	27.7
GILLIAM	-	-	-	23.3†	-	23.3
GRANT	34.1	27.9	62	15.6	6.9†	22.5
HARNEY	37.4	22.8	60.2	22.1	11.5	33.6
HOOD RIVER	38.8	26.5	65.3	14.7	10.7	25.4
JACKSON	38.2	21.0	59.2	13.8	11.1	24.9
JEFFERSON	41.9	25.3	67.2	15.9	14.0	29.9
JOSEPHINE	35.6	22.3	57.9	-	-	-
KLAMATH	34.6	26.0	60.6	15.9	9.5	25.4
LAKE	41.3	18.8	60.1	25.5	-	25.5
LANE	35.1	25.0	60.1	15.8	9.9	25.7
LINCOLN	37.2	26.2	63.4	12.7	15.2	27.9
LINN	38.4	29.6	68	15.7	11.7	27.4
MALHEUR	37.6	33.3	70.9	18.2	16.7	34.9

County	% overweight (age-adjusted)	% obese (age-adjusted)	% at risk for chronic disease	% overweight ¹	% obese ²	% at risk for chronic disease
MARION	36.5	28.6	65.1	15.8	12.6	28.4
MORROW	29.9	36.0	65.9	13.2	13.3	26.5
MULTNOMAH	33.8	21.8	55.6	15.4	10.9	26.3
POLK	37.1	29.1	66.2	16.3	12.5	28.8
SHERMAN	-	-	-	-	-	-
TILLAMOOK	42.3	26.7	69	18.3	16.7	35.0
UMATILLA	34.4	36.0	70.4	18.5*	12.5	31.0
UNION	42.8	23.4	66.2	15.0	12.9	27.9
WALLOWA	36.4	19.5	55.9	-	-	-
WASCO	-	-	-	14.7	18.7*	33.4
WASHINGTON	36.9	23.2	60.1	13.8	10.2	24.0
WHEELER	42.0	-	42.0	-	-	-
YAMHILL	36.6	28.4	65	17.6	11.6	29.2
GILLIAM/ SHERMAN/ WASCO	37.6	31.1	68.7	-	-	-

* Statistically significant difference compared to Oregon.

† This number may be statistically unreliable and should be interpreted with caution.

- This number is suppressed because it is statistically unreliable.

1. Body mass index between the 85th and 95th percentile for age.

2. Body mass index above the 95th percentile for age.

Age-adjusted estimates are adjusted to the 2000 Standard Population using three age groups (18-34, 35-54, and 55+).

Source: Oregon Healthy Teens 2007-2008

Source: Oregon BRFSS County Combined Dataset 2006-2009



HEALTHY EATING
ACTIVE LIVING
CITIES
CAMPAIGN

Cities' Role in Building a Healthy Community

Why local elected officials and executive staff are embracing the HEAL Cities Campaign.

The Oregon League of Cities and the Oregon Public Health Institute have teamed up to bring the Healthy Eating Active Living Cities Campaign to Oregon. The HEAL Cities Campaign is a free program to help civic leaders create healthy Oregon communities with minimal budget impact.

Every city can offer its residents healthy options.

Good Health Starts in Healthy Places

Civic leaders have the unique ability to improve the health of the places we live, work, study, shop and play by:

- giving health a greater priority in plans for their city's future
- adopting Healthy Eating Active Living policies
- establishing a culture of wellness for municipal employees



The Physical Environment Makes a Difference

In many communities today, people who want to be more physically active are discouraged by their environment. Making the decision to be more active is much easier when every neighborhood has safe sidewalks, crossings, bike paths, and transit options; attractive destinations like schools, markets, banks and libraries within a reasonable walking distance; and good access to parks, trails and playgrounds.



The Food Environment Makes a Difference

The science is clear. People who live in places with many unhealthy food outlets have significantly higher rates of obesity and diabetes than those with more opportunities to buy healthy food, regardless of race or wealth.¹ Making the decision to eat healthier is much easier when nutritious food is available near the places we live, work, learn, play, and pray.



The HEAL Cities Campaign is a joint project of the Oregon Public Health Institute and the League of Oregon Cities, and is funded by Kaiser Permanente.

HEAL Cities provides training and technical assistance to help civic leaders create healthy communities. This fact sheet is one in a series with policy ideas for healthy cities.

For the first time in modern history, today's youth may live shorter lives than their parents.²

Q: How can we protect our children from developing chronic medical problems related to eating too much of the wrong things and moving too little?

A: Local leaders across the country are stepping up to help protect the health and well-being of children.

Our kids deserve opportunities to bike or walk to school, to play in safe, open spaces and to have nutritious food options.

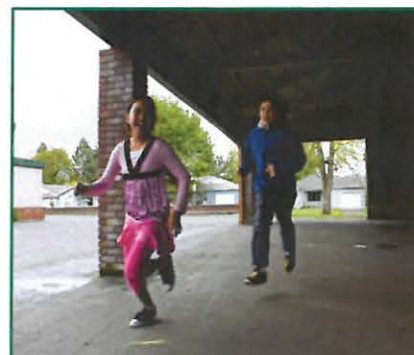
City leaders can improve the local environment through:

- Land use & transportation plans
- Zoning regulations and decisions
- Selection criteria for capital projects
- Redevelopment priorities
- Economic development plans
- Internal personnel and facility policies

What is good for kids is good for the whole community.

Two things your city can do right now:

1. Establish nutrition standards for snacks and beverages in city buildings and city parks and rec facilities.
2. Map safe routes and lead bike caravans from residential neighborhoods to the local public schools.



PHOTOS: JANUS YOUTH & JOSH TILLINGHAST

REFERENCES

1. Designed for disease: The link between local food environments and obesity and diabetes, California Center for Public Health Advocacy, PolicyLink, and the UCLA Center for Health Policy Research, 2008.
2. Olshansky SJ, Passaro DJ, Hershov RC, et al. A potential decline in life expectancy in the United States in the 21st century. N Eng J Med. Mar 17 2005;352(11):1138-1145.

Join the HEAL Cities Campaign!

Tell us about your HEAL City or request free technical assistance @ www.HEALCitiesNW.org
Beth Kaye, Campaign Manager, bethkaye@orphi.org | 503.227.5502 x230





HEALTHY EATING
ACTIVE LIVING
CITIES
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Be an Active City

Whether your city has been a leader in creating opportunities for residents to be more active, or this is a new issue, you can establish a healthier future for your city. Take these three steps and you're on your way to supporting active living.

STEP ONE:

Recognize the Issue

In many communities today, people who want to be more physically active are discouraged by their environment. There may be few sidewalks, safe crossings, bike paths or transit options, and very limited access to parks, trails and playgrounds. Going to the store or the library may require a car.

Is your city extending options for physical activity through policies, resolutions or programs?

- ✓ YES! Proceed to step two.
- ✓ NO:

1. Assess the environment in your community for walkability, bikeability, and the availability of transit options.
2. Learn whether there is a group already working on the issue in your city.
If so, listen to what they have to say and offer your assistance.
3. If the issue is new for your city, start by consulting with your county public health director, local school board, the PTA board and other community leaders who may share your concerns.
4. Visit www.HEALCitiesNW.org to find out how other communities are addressing the issue.



STEP TWO:

Clarify Your City's Role

Has your city stated a vision or adopted a policy or other tool to support healthy, active living?

- ✓ YES! Proceed to step three.
- ✓ NO:

Join the HEAL Cities NW Campaign by adopting a resolution to increase physical activity and access to healthy food for your employees and residents.

Visit www.HEALCitiesNW.org to see a sample resolution and model policies.

The HEAL Cities Campaign is a joint project of the Oregon Public Health Institute and the League of Oregon Cities, and is funded by Kaiser Permanente.

HEAL Cities provides training and technical assistance to help civic leaders create healthy communities. This fact sheet is one in a series with policy ideas for healthy cities.

STEP THREE:

Consider HEAL Policy Options

Is your city working to increase health and wellness through specific policies, rules, or other tools? Consider the following policy options:

Update your comprehensive plan.

Establishing goals and policies in your comprehensive plan to increase healthy options in the physical environment is a powerful and enduring way to affect the health of your city. See the HEAL Cities Campaign's website for specific ideas and examples of comprehensive plan, land use plan, and transportation plan updates.

Adopt zoning ordinances to put options for physical activity within reach of all residents.

Certain zoning ordinances promote walking and biking and create lively destinations within your city. See the HEAL Cities Campaign's website for specific ideas and examples.

Create incentives to increase the availability of healthy food in all city neighborhoods.

Make healthy food a top destination in every neighborhood. Cities have powerful planning and economic development tools that can be directed toward developing grocery stores, converting corner stores, and establishing farmers markets and community gardens.

See the HEAL Cities Campaign's Fact Sheet: *Be a City with Healthy Food Options* for specific ideas and examples. The Campaign also has marketing materials for retailers who offer healthy choices.

BONUS! Get Credit

When you register your city's policies with the HEAL Cities NW Campaign, we will give you:

- ✓ A logo declaring that your city is a HEAL City for your website
- ✓ A press release we will distribute to local media outlets and the League of Oregon Cities
- ✓ Recognition at a HEAL Cities Campaign event at the League's Annual Conference (beginning in 2013)
- ✓ Free HEAL Cities Campaign bumper stickers and Campaign promotional materials at cost

Address city workplace wellness.

A good workplace wellness program includes opportunities and incentives for city employees to be more physically active at work.

This can reduce chronic disease and absenteeism, and increase productivity and morale.

See the HEAL Cities Campaign's Fact Sheet: *Be a City with a Healthy Workforce* for specific ideas and examples.

Join the HEAL Cities Campaign!

Tell us about your HEAL City or request free technical assistance @ www.HEALCitiesNW.org
Beth Kaye, Campaign Manager, bethkaye@orphi.org | 503.227.5502 x230





2014 HEAL Small Grants

Oregon Public Health Institute
310 SW Fourth Avenue, Suite 900
Portland, OR 97204
Attn: Karli Thorstenson

Phone: 503-227-5502 · Fax: 503-954-1405 · Email: Karli@ophi.org

HEAL Small Grants are now available!

Thanks to generous support from Kaiser Permanente, the HEAL Cities Campaign released a call for applications on June 2nd for grants to assist cities to **implement** HEAL (Healthy Eating Active Living) policies. **All cities that join the HEAL Cities Campaign by July 31, 2014 are eligible to apply.** Applications are due August 15, 2014.

The HEAL Small Grants Program is part of the HEAL Cities Campaign, a joint initiative of the League of Oregon Cities (LOC) and the Oregon Public Health Institute (OPHI) that helps civic leaders create healthy communities.

The Campaign encourages cities to adopt policies that will, over time, expand the options for city residents, visitors, and employees to eat healthier food and/or be more physically active (HEAL policies). The purpose of HEAL Cities Small Grants is to encourage cities to join the Campaign, and to implement HEAL policies by March 16, 2015.

HEAL Cities Small Grants will offer implementation grants to up to six (6) cities to implement HEAL policies, in amounts between \$5,000 and \$15,000.

The Campaign offers many tools to assist cities throughout Oregon to adopt and implement HEAL policies. On the Campaign website, cities can browse a policy library and download one-page info sheets with guidance on the most popular HEAL policies. During the Small Grants process, cities may also consult with Campaign staff at the Oregon Public Health Institute for personalized technical assistance. Campaign staff can help a city to join the Campaign, select an appropriate policy, identify Small Grant-eligible implementation projects, develop a strategy to engage the community in project selection, and/or navigate unexpected hurdles in implementation.

How to apply:

- Submit a completed [Application](#) to [Karli Thorstenson](#) by 5:00 pm on August 15, 2014.
- Learn more about the Small Grants grant process in our [FAQ](#) document.
- Learn more about important dates and [Reporting Guidelines](#).

Contact Karli Thorstenson at karli@ophi.org, 503.227.5502x223 for more information on the application process.

Only HEAL Cities are eligible to apply for Small Grants for HEAL Cities.
Cities that have not joined the Campaign by July 31, 2014 are ineligible for the 2014 Small Grants



MILWAUKIE CITY COUNCIL
STAFF REPORT

To: Mayor and City Council

Through: Bill Monahan, City Manager

Subject: **Presentation by North Clackamas Parks & Recreation District (NCPRD) about a draft capital project list related to the proposed merger of the existing District into a new independent special district, at a new higher tax rate.**

From: Steve Butler, Community Development Director

Date: July 8, 2014 for the July 15, 2014 Work Session

ACTION REQUESTED

None. North Clackamas Parks & Recreation District (NCPRD) is seeking feedback from City Council regarding a draft capital projects list for a \$25 million revenue bond associated with the proposed new permanent tax rate of \$0.89/\$1,000 assessed value. NCPRD's Executive Director Gary Barth and Senior Planner Katie Dunham will be in attendance at the Work Session to present the draft list, discuss options, and answer questions.

BACKGROUND

At its June 12, 2014 Business Meeting, the Board of Commissioners, acting as the Board of NCPRD, directed NCPRD staff to pursue the merger of the existing district into a new independent special parks and recreation district, at a new higher tax rate. The Board also asked NCPRD staff to prepare a draft capital project list to illustrate how a possible revenue bond, based on a new permanent tax rate of \$0.89 per \$1,000 assessed value, would help to address the need for park & recreation facilities throughout the district. The new permanent tax rate of \$0.89 would represent an increase of \$0.35 over the current tax rate of \$0.54. At this time, NCPRD staff is proposing that \$0.15 of the additional \$0.35 be dedicated to operational, maintenance, and programming needs of the new district. The remaining \$0.20 could be directed toward supporting debt service on a \$25 million revenue bond that would be directed toward a variety of land acquisition and development projects throughout the district.

Responding to the Board's request, NCPRD staff has prepared a draft capital project list related to a potential \$25 million revenue bond. The list is a subset of the draft Capital Improvement Plan project list that was generated at the conclusion of NCPRD's process of updating the District Master Plan. In developing the capital list, NCPRD staff considered a variety of factors, including: (a) master plan findings and recommendations; (b) survey and polling results; (c) equity; (d) carry-over projects from the previous capital improvements list; (e) community priorities; (f) voter appeal; (g) investments in areas of the district that have not had significant prior investments; (h) variety across project categories; and (i) support from key stakeholders.

The draft capital project list is organized into three service areas. Area 1 includes the City of Milwaukie and the Milwaukie Urban Growth Management Area (UGMA, aka Southgate), Area 2

includes the remaining unincorporated areas within the district located west of I-205 (Oatfield, Oak Lodge, Jennings Lodge), and Area 3 includes the City of Happy Valley and the Happy Valley UGMA (aka Sunnyside).

NCPRD staff has discussed the draft project list with representatives of the cities of Milwaukie and Happy Valley, for projects located within their respective city limits and UGMAs. Based on their feedback, adjustments were made to add and also reprioritize projects. Some projects may be able to be achieved using only the capital revenue bond being contemplated. Other projects will require supplemental funding from park system development charges, grants, partnership funds, or other sources. It should also be noted that these new proposed capital projects will require additional funding in order to operate and maintain these facilities. These costs will be covered by the additional \$0.15 that will be generated by the proposed permanent rate increase.

There has been and will continue to be extensive public engagement, as well as involvement of the NCPRD Advisory Board and the cities of Milwaukie and Happy Valley, for pursuing an independent special park and recreation district, at a higher permanent tax rate in order to achieve district master planning goals and objectives. The draft capital projects list will continue to evolve, as input is received from the stakeholders and residents of the District.

FISCAL IMPACTS

No direct impacts for the City at this point in time.

ATTACHMENTS

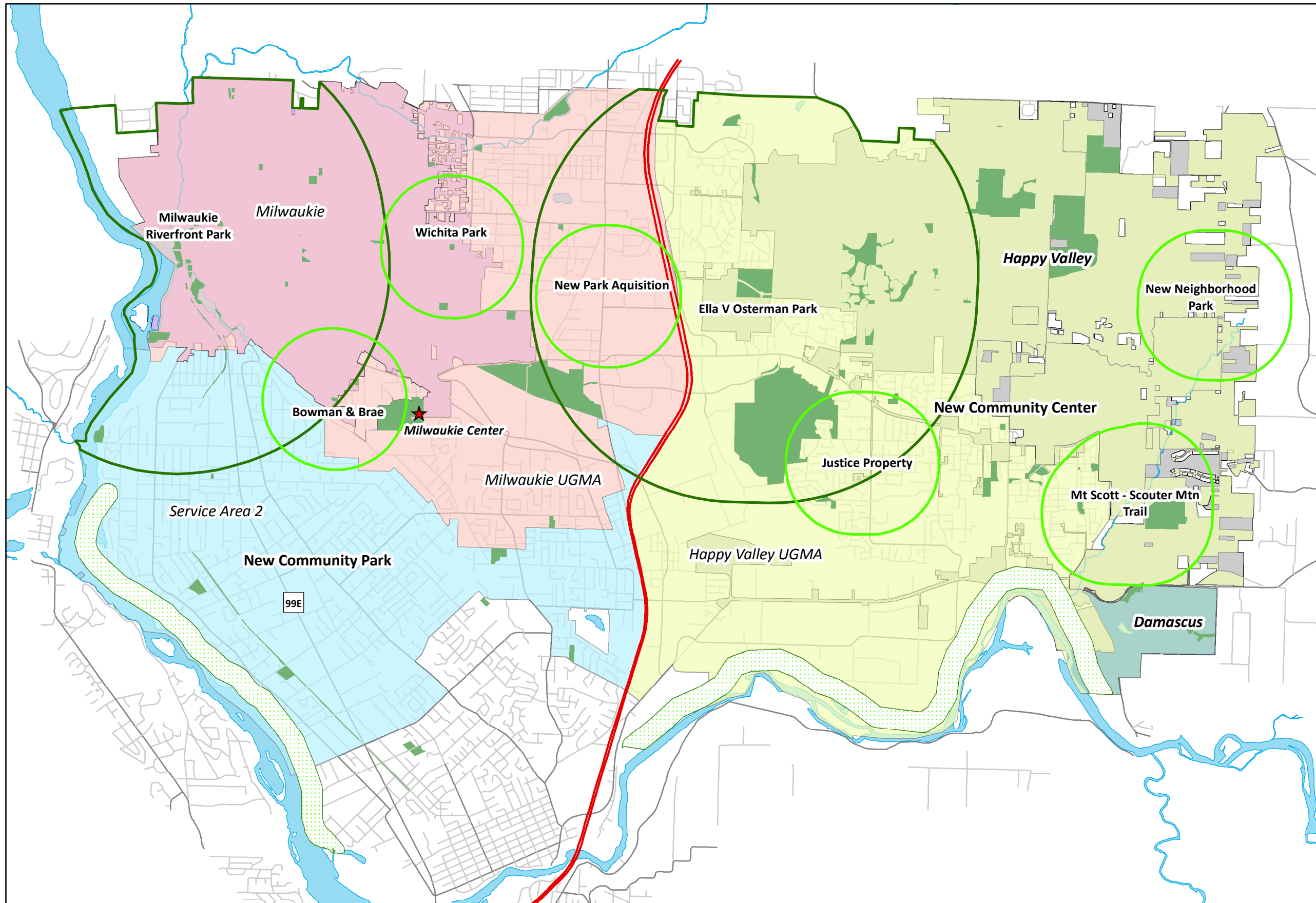
1. NCPRD Proposed \$25M Revenue Bond Projects - Recommended Capital Bond Project List (Draft)
2. NCPRD's Recommended Capital Bond Project Map (Draft)
3. NCPRD's "Walkable Access to All Components" Map

NCPRD Proposed \$25M Revenue Bond Projects Recommended Capital Bond Project List

Attachment A
 DRAFT

Area & Project	Project Type / Cost Estimate
Area 1 Recommended Projects:	
Milwaukie Riverfront Park - Phase 3 (<i>Plaza, Amphitheatre, Playground</i>)	Community Park
Wichita Park (<i>develop</i>)	Neighborhood Park
Balfour Park (<i>develop</i>)	Neighborhood Park
Bowman & Brae (<i>develop</i>)	Neighborhood Park
Milwaukie UGMA Parks and Open Spaces (<i>acquire</i>)	Parks
	subtotal: \$6,000,000 - \$9,000,000
Area 2 Recommended Projects:	
New Community Park (<i>acquire/develop</i>)	Community Park
Willamette River Access, New Natural Area Property, Trails, Picnic Areas (<i>acquire/develop</i>)	Natural Areas, Trails
	subtotal: \$6,000,000 - \$9,000,000
Area 3 Recommended Projects:	
Community Center (<i>develop</i>)	Community Center
Clackamas River Access, New Natural Area Property, Trails, Picnic Areas (<i>acquire/develop</i>)	Natural Areas, Trails
Mount Scott / Scouter Mountain Loop Trail (<i>acquire/develop</i>)	Linear Park
Justice Property (<i>develop</i>)	Neighborhood Park
Ella V. Osterman Phase 2 (<i>develop</i>)	Community Park
New Neighborhood Park Property, Happy Valley (<i>3 acres acquire</i>)	Neighborhood Park
	subtotal: \$9,000,000 - \$11,000,000
	TOTAL: \$25,000,000

Recommended Capital Bond Project Map



Legend

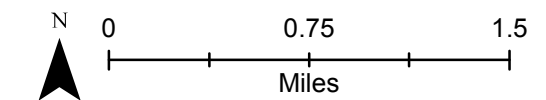
- ★ MilwaukieCenter
- 1/2 Mile Service Improvement
- 1 1/2 Mile Service Improvement
- ▨ River Access Improvement
- Parks & Natural Areas

SERVICE AREAS

- Milwaukie UGMA
- Service Area 2
- Happy Valley UGMA

CITY BOUNDARY

- Milwaukie
- Happy Valley
- Damascus



GEOGRAPHIC INFORMATION SYSTEMS

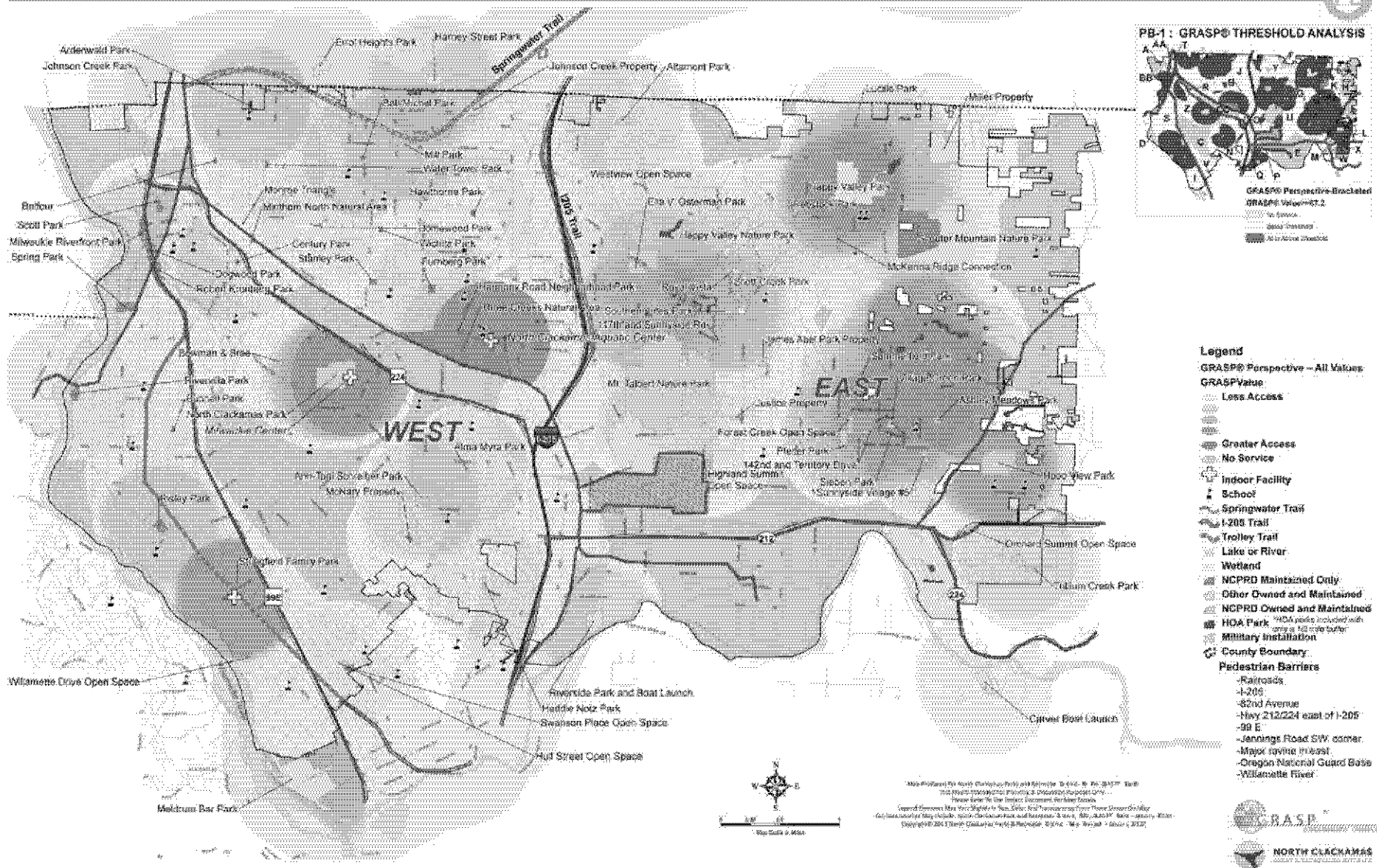
DEPARTMENT OF INFORMATION SERVICES/GEOGRAPHIC INFORMATION SYSTEMS
121 LIBRARY COURT
OREGON CITY, OREGON 97045

The information on this map was derived from digital databases from Clackamas County's GIS. Care was taken in the creation of this map but is provided "as is". Clackamas County cannot accept any responsibility for any errors, omissions, or positional accuracy, and therefore, there are no warranties which accompany this product. Although information from Land Surveys may have been used in the creation of this product, in no way does this product represent or constitute a Land Survey. Users are cautioned to field verify information on this product before making any decisions.

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Park service recommendation: NCPRD park planning team, 2014.
Data source: Clackamas County GIS dept. and NCPRD, 2014
Map preparation: Samantha Wolf, NCPRD July 2, 2014.
S:\NCPRD\Planning\Maps & Images\Option_1.pdf

North Clackamas Parks & Recreation District
Perspective Map B: Walkable Access to All Components





MILWAUKIE CITY COUNCIL
STAFF REPORT

To: Mayor and City Council
Through: Bill Monahan, City Manager
Subject: **Garbage Rate Setting Process**
From: Casey Camors, Finance Director
Date: July 15, 2014

ACTION REQUESTED

Review and discuss garbage rates and structure and direct Staff on preferred process for next year.

HISTORY OF PRIOR ACTIONS AND DISCUSSIONS

October 2013

Council approved rate increases for *residential, commercial and drop box* services to reflect increases in the Metro tip fee, labor, fuel and disposal costs.

March 2014

Council and Staff discussed the current issues, offerings and process on evaluating garbage rates for *residential, commercial and drop box* services.

April 2014

Council and Staff discussed current garbage rate structure.

June 2014

No fee adjustment proposed for FY 2015 discussed with Council.

BACKGROUND

Current Process - The City Council annually reviews and adopts garbage rates charged by the City's five haulers. The process is as follows:

- The City's franchise garbage haulers submit financial information to the City identifying revenues and expenses for the previous year relating to the provision of garbage, recycling and yard debris collection services, on or around March 15.
- The City, with significant assistance from Clackamas County staff and a contracted financial analyst, consolidates the information to create a composite.
- Costs are adjusted to eliminate amounts that may be allowable for tax purposes, but that aren't allowed for rate determination.
- The composite is used to evaluate the financial health of the system as a whole which is based on the "rate of return" (ROR) and the ROR is projected for the following year
- The projected ROR is reviewed and rate changes are considered to ensure that it remains within an acceptable range. Chapter 13.24 of the City Municipal Code states that rates shall be adequate to provide a ROR equal to 10% of the composite gross revenue and further states that a rate of return within the range of 8% to 12% is sufficient to reflect the level of business risk

assumed by the haulers, allow investment in equipment and to ensure quality collection services.

- Staff discusses ROR with the garbage haulers and County staff to identify and recommend rates to the City Council.
- City Council discusses the recommendations and adopts garbage rates.

Last year during this process (September 2013), City Council instructed staff to 1) increase public outreach on available garbage service levels, 2) conduct a waste characterization study, 3) develop a yard debris exemption program, and 4) provide Council with Metro rate setting information, prior to the next rate analysis. At that time, the City Parks and Sustainability Director was in charge of this process.

By the end of October 2013, the Parks and Sustainability Director position was vacant and the position has since been unfunded. The duties of this position have been split up among many different departments, with the responsibility most recently falling to the Finance Director and Community Development Director. With the transition, three of the four items above have not yet been completed. Staff received Council direction in March to address public outreach on available garbage service levels, the waste characterization study and the yard debris exemption program during the next rate setting process.

There has been significant discussion around modifying the rate setting process and the overall structure to encourage less waste production. Currently, the City has enjoyed County assistance on garbage rate setting at no charge. This free assistance is not likely to continue. Additionally, should the City be interested in pursuing a modified rate structure that moves the City's rates further from that of the County, the City will need to contract independently with a certified public accountant for rate analysis. Staff requires direction from Council to move forward with the FY 2016 garbage rate process so that by April of 2015, staff will be able to provide results and preliminary rate calculations to the City Council for consideration and discussion.

FISCAL IMPACTS

First, currently the assistance we receive from the County is not paid for. Next year for the first time utilization of County assistance will cost the City approximately \$3,500 per year (or \$140 per hour).

Second, should the City pursue a modified rate structure, contracting independently with a certified public accountant for garbage rate analysis will be a direct cost to the City. That cost is unknown until we are able to complete a quote process but estimated to be \$5,000-\$7,000. The City will also need to have some County assistance estimated at \$2,000 to \$3,500 per year (or \$140 per hour).

WORK LOAD IMPACTS

Changing the process will have significant work load impacts on the Finance Director and Community Development Director. It is estimated that 100 hours could easily be spent throughout the process, from contracting with a CPA for rate analysis to adoption of the FY 2016 rates.

ALTERNATIVES

Continue with current process.

ATTACHMENTS

1. City of Milwaukie Cost of Garbage Service Graph

Cost of Service Compared with the Rate

